

लाइफ

50

सेल्फ-हेल्प

किताबों का सार

प्रेम एस गुर्जर

लाइफ

(50 सेल्फ हेल्फ किताबों का सार)

संकलन

प्रेम एस गुर्जर

इस पुस्तक में निम्न 50 सेल्फ-हेल्प किताबों का सार या नीचोड़ है।

01. मैं मन हूँ: Main Mann Hoon (Hindi Edition) (त्रिवेदी, दीप)
02. Vishwas ki Taqat (Hindi Edition) (Joe Vitale)
03. MANN KE CHAMATKAR (Hindi) (Murphy, Dr. Joseph)
04. 1% Formula (Hindi) (Tom Connellan)
05. TELEPSYCHICS (Hindi) (Murphy, Dr. Joseph)
06. Invincible Thinking (Hindi) (Okawa, Ryuhō)
07. Life Is What You Make It (Hindi Edition) (Shenoy, Preeti)
08. Anant Chetna Ki Khoj Mein (Hindi) (Singer, Michael A.)
09. Leonardo da Vinci: A Life From Beginning to End (History, Hourly)
10. Megaliving: 30 Days to a Perfect Life (Hindi) (Hindi Edition) (Sharma, Robin)
11. As a Man Thinketh (Allen, James)
12. YE JO HAI ZINDAGI (Hindi Edition) (OPRAH WINFREY)
13. Soch Badlo Zindagi Badlo (Hindi Edition) (Brian Tracy)
14. Jeevan Adbhut Hai (Hindi Edition) (Charlie Jones)
15. Mindset Hindi Book (Hindi Edition) (ड्वेक, कैरोल)
16. Kamyabi Unlimited (Hindi Edition) (Brian Tracy)
17. The New Science of Getting Rich (Hindi) (Wattles, Wallace D.)

18. Practical Steps to Think and Grow Rich (Hindi Edition) (Napoleon Hill)
19. HERO (Hindi) (Bryne, Rhonda)
20. Apani Soch Se Ameer Baniye (Hindi Edition) (Napoleon Hill)
21. 24 Ghante Mein Zindagi Badlein (Hindi) (Hartness, Jim)
22. Discover Your Destiny (Hindi) (Sharma, Robin)
23. Antar Shanti Ki Awaaz - Stillness Speaks in Hindi (Hindi Edition) (Tolle, Eckhart)
24. Jeevan Ke Arth Ki Talaash Me Manushya (Hindi edition) (Frankl, Viktor E.)
25. STEVE JOBS KI TARAH KAISE SOCHEIN (Hindi) (SMITH, DANIEL)
26. Seed Of Genius (Hindi Edition) (Ankur Gupta)
27. Manchahi Safalta Kaise Payen (Hindi Edition) (Napoleon Hill)
28. Mushkil Daur Mein Aage Badhane ke 7 Rahasya (Hindi Edition) (Willie Jolley)
29. The Success Factor (Hindi) (Hindi Edition) (Leach, John)
30. DHAN KO AAKARSHIT KAISE KAREN (Hindi) (Murphy, Dr. Joseph)
31. Power Pranayama (Hindi) (Mahtani, Dr. Renu)
32. STEPHEN R COVEY KE VIVEKPOORNA VICHAR (Hindi) (Stephen R Covey)
33. LOGON KO PRABHAVIT KAISE KAREN (Hindi) (Maxwell, John C)

34. The Mastery Manual (Hindi) (Hindi Edition) (Sharma, Robin)
35. Law of Attraction: Secrets To Unleashing The Power From Within (D'apollonio, Daniel)
36. How to Think Bigger: (Meadows, Martin)
37. CHINTA CHHODO SUKH SE JIYO (Hindi) (Carnegie, Dale)
38. Get Smart! (Hindi) (1) (Hindi Edition) (Tracy, Brian)
39. Who Will Cry When You Die? (Hindi) (Sharma, Robin)
40. Aap Khud Hi Best Hain (Hindi) (Kher, Anupam)
41. Thomas Alva Edison (Hindi) (Mishra, Vinod Kumar)
42. Subconscious Mind Power: (Thompson, James)
43. The Power of Habit: (Hindi Edition) (Duhigg, Charles)
44. Find Your Passion: 25 Questions You Must Ask Yourself (Junttila, Henri)
45. The 21 Day Miracle: How To Change Anything in 3 Short Weeks (Rush, Ed)
46. Summary of The ONE Thing: (Publishing, La Moneda)
47. 100 Ways to Motivate Yourself (Chandler, Steve)
48. Neerh Ka Nirman Phir (Bachchan Autobiography) (Hindi) (Bachchan^Harivansh Rai)
49. The 80/20 Principle hindi book (Hindi Edition) (कोच, रिचर्ड)

50. Kya Bhulu Kya Yaad Karu (Bachchan Autobiography) (Hindi) (Rai, Bachchan Harivansh)

लेखक परिचय:- अपने पहले ही उपन्यास 'फिलॉसॉफर्स स्टोन' से सुखियों में रहने वाले प्रेम एस गुर्जर राजस्थान के उदयपुर शहर से 80 किमी दूर एक छोटे से गांव से ताल्लुक रखते हैं। फिलॉसॉफर्स स्टोन वर्ष 2018 को नई दिल्ली के हिन्द युग्म पब्लिकेशन से प्रकाशित हुआ था। ये अमेज़न की बेस्ट सेलर लिस्ट में स्थान बना चुका है। प्रकाशित होते ही ये नॉवेल टीवी और प्रिंट मीडिया की सुखियों में रहा।